

african
Vineyard
★ ★ ★ ★

Spa Treatment Menu



African Vineyard Boutique Hotel & Spa

📞 +27 79 855 7565
@ www.africanvineyard.co.za
✉ reservations@africanvineyard.co.za

📍 Kanoneiland, Upington
📞 Accomodation & Restaurant:
+27 60 503 8449

Kalahari facials

At African Vineyard we always strive to reach our client's needs as an individual and it is a well known fact that spa-time is just as good as a holiday, which makes our packages feel like a little getaway.

Rejuvenating Facials

Besides promoting relaxation, a regular facial provides many benefits including noticeable improvements to your skin tone, texture and appearance. Facials also help to improve circulation to optimize cellular health and promote collagen production.

Honey Bush Skin treatment	45 min R430
Phytic Clay Skin Treatment	60 min R450
Revitalizing Vita Gel Skin Treatment	60 min R450
Vitamin C Skin Treatment	60 min R450
Phyto Enzyme Compound Treatment	60 min R450

Kalahari Chemical Peels

A chemical peel is a cosmetic treatment that removes the top layer of your skin. This can help minimize wrinkles, dullness, hyper pigmentation, and scarring. It may also help skin disorders like acne and rosacea.

Kalahari TCA Treatment	45 min R500
D-age Chemical Peel	60 min R560

Collagen Induction Micro Needling

Micro needling is a minimally invasive cosmetic procedure. It involves puncturing the skin with tiny sterilized needles. The small wounds cause your body to make more collagen and elastin, which heal your skin and help your skin appear youthful.

Kalahari Collagen Micro needling Face.....	45 min R920
Kalahari Collagen Micro needling Face, Neck & Decollete.....	60 min R995

Facial Treatment add on

ADD on Hydrating Collagen Eye Patches	R130
ADD on Alginate mask	R120
ADD on Collagen mask	R130

Relaxing massages

Relax your body and mind and restore health and wellness. Massage is an art form to be practiced with great care and attention to your individual needs.

African Vineyard Full Body	60 min R680
African Vineyard Back, Neck&Shoulders.....	30 min R380
.....	45 min R510
African Hot Stone Full Body	45 min R565
.....	60 min R750
African Hot Stone Back, Neck&Shoulders.....	30 min R410
Foot & Lower Leg Massage	20 min R250
Hand & Arm Massage	20 min R250
Scalp & Neck Massage	20 min R270
ADD an additional	15 min R180

Therapeutic Massages

Lymph Drainage Massage.....	90 min R780
Cupping Massage Full Body	60 min R650
Cupping Back, Neck & Shoulders	30 min R420
Reflexology	30 min R450

Body Exfoliation, Cocoon Wrap & Massage

This unique African Journey begins with a deep cleansing exfoliation that will encourage cell regeneration, followed by with a body wrap that will either remove toxins from the body or hydrate the skin. Continue your journey with an African Vineyard Back, Neck & Shoulder Massage with fragrant botanical oils, leaving the skin glowing and nourished.

African Journey:

Desert Glow Exfoliation, Cocooned Body Wrap, herbal bath &:

African Vineyard Back, Neck & Shoulder massage.....	90 min R990
Desert Glow Exfoliated Full Body	30 min R380
Cocooned Full Body Wrap Exfoliation	45 min R630 (No massage)

Kalahari Kids - Up to 12 Years

Facial	30 min R170
Mani or Pedi	30 min R150
Stress Relief: Back, neck & shoulder massage	20 min R130

Manicures / Pedicures

Express manicure / pedicure	30 min R200
(Nail care and cutex or heel file / nail care / exfoliate / massage)	
River Stone Luxurious Manicure / Pedicure.....	60 min R380
(Nail care / cutex / heel file / exfoliate / massage)	
ADD on Paraffin Wax	R150
ADD on Phyto Heel Treatment	R105
Gel it Overlay Manicure (90min) Pedicure (60min).....	R285
Soak off only (incl. file & cuticle care)	45 min R155
Soak Off with New set	30 min R65
Nail Repair Nail Repair per Nail	R15
ADD on Gel Overlay with River Stone Manicure or pedicure	30 min R85

Hair removal / waxing

Full leg inc. Bikini	R265	Eyebrow	R65
¼ Leg-to-mid-thigh	R205	Chin or Lip	R45
½ Leg - above knee (30-60 min depending on hair growth and strength).....	R165	Nose Wax	R60
Arm Inc. Underarm	R205	Toes or Fingers	R75
Underarm	R125	Full Arm	R265
Bikini	R125	Chest	R345
G-string	R185	Stomach	R305
Brazilian / Hollywood	R285		
Tummy strip	R125	<i>Tinting</i>	
Full Face	R235	Lash	R75
		Brow	R65
		Lash / Brow Combo	R125

Men's Hair Removal

Waxing Ears or Nose.....	R105	Toes or Fingers.....	R75
Guy Brows.....	R200	Full Arm	R270
Guy Brow Tweeze	R75	Underarm	R150
Full Leg	R345	Chest	R350
¾ Leg	R295	Stomach	R310
½ Leg	R250	Back	R350

Men's Facials

Men on the move facial	45 min R355
Men's on Therapeutic Facial.....	60 min R395
Men's high-performance Peel	60 min R485

Men's Hand & Foot Care

Hand OR Foot grooming.....	30 min R200
The Boss Manicure or Pedicure	60 min R380

Wellness Packages

Vineyard Date Night: 30 min R680pp / 45 min R800pp

Treatments, Candlelight Dinner, Glass of wine or juice. Spoil your loved one with a romantic dinner, including 30 min / 45 min Back, Neck & Shoulder massage.

Picnic for Two: R450 per couple

Picnic for two Excluding drinks. Add a massage outside for that special experience -weather permitted (price depending on type of treatment).

The Celebration: 30 min R580 pp / 45 min R690 pp

Treatments, Breakfast or Lunch. Celebrate that special day with your friend and enjoy breakfast or lunch at African Vineyard including a 30 min or 45 min Back, Neck & Shoulder massage. Includes a glass of wine or juice.

The Harmonious Half-Day Journey: R990 pp

Treatments, Breakfast or Lunch. Spoil yourself and your friends to a morning at African Vineyard with Breakfast or Lunch and a 30 min Back, Neck & Shoulder massage and 45 min facial. Excluding beverages.

African Vineyard Full Day Journey: R1880 pp

09:00 - 16:00. Treatments, Breakfast, Lunch. Experience a relaxing morning breakfast before your treatments of full body exfoliation, 30 min herbal bath, 30 min Back, Neck & Shoulder massage and Kalahari Facial & Foot massage after lunch. Excluding beverages.

Disconnect A While: R360 pp

Treatments, Chicken Wrap. When life gets too busy, disconnect for a moment with a Hand Massage or Foot Massage (20 min) & a glass of wine/juice and a chicken wrap.

Men's Executive: R1500 pp

Treatments, Breakfast or lunch. For total relaxation and grooming, this package is an immediate relief of daily stress. Take total time out with a 60 min African Hot Stone Full Body massage combined with a 45 min Kalahari Skin Treatment. This includes a delicious breakfast or lunch.

The Vineyard Corporate Journey: R3500 pp sharing / R3800 single

09:00 until next morning after breakfast, Accommodation, Treatments, Breakfast, Lunch & Dinner - Excluding drinks. Unwind with your friends or loved ones and experience a relaxing break away where you and your friends will be pampered and treated by our skilled therapists. Start your experience with breakfast and treatments of a full Body Exfoliation, a cocoon wrap & herbal bath, a light lunch, a relaxing 30 min Back & Neck Massage and complete your experience with a facial and relaxing foot massage. Treat yourself to our special dinner and accommodation at African Vineyard with a refreshing breakfast the next morning. Suitable for a group up to 10 people

Wellness Packages

One day package: Kisses for Two in the Orchard

(1 night) R4800 per couple

Accommodation, breakfast, dinner, sparkling wine, candles & rose petals in room & treatments. (Excluding additional drinks). The ultimate romantic getaway for you and the love of your life. Tailor made treatments suitable for a king and queen. Your choice of 4 relaxing treatments per couple (not exceeding 75 min per person). Please note: Excluding Gel It and any other packages.

Two day package: Kisses for Two in the Orchard

(2 night) R8200 per couple

Accommodation, breakfast, dinner, sparkling wine, candles & rose petals in room, lunch on 2nd day and treatments - Excluding additional drinks. The ultimate romantic getaway for you and the love of your life. Tailor made treatments suitable for a king and queen. This option includes a light lunch on the 2nd day, your choice of 6 relaxing treatments per couple (not exceeding 150min in per person). Excluding Gel It and any other packages.

Special Occasions & Gift vouchers

Contact us for gift vouchers and anniversaries, birthdays, bride-to-be parties, mother-to-be parties, teen/kids parties, corporate spoils, high teas and any other special occasion.

Cancellation Policy and Spa Etiquette:

48 Hours advance notice is required for cancellation or rescheduling, if this is not adhered to, 50% of the treatment fee will be charged. Late arrivals will result in reduction of treatment time whilst the full treatment price will apply. Kindly arrive 15 minutes prior to your scheduled treatments to change and complete a consultation form. Please note treatment times indicated is a guideline to maximum time spend on treatments, it may differ with exception to the massages. Ensure cellular / mobile phones are switched off, please adhere to total silence in the spa and surrounding areas. Prices are subject to change without prior notice. Please advise us if you are pregnant, have a medical condition or serious injury, high blood pressure or heart condition, recent surgeries epilepsy or diabetes. Gratuities are not included in the treatment price. It is your discretion to add a gratuity for treatment excellence. No smoking in and outside the spa and surrounding areas. African Vineyard Wellness Spa is not responsible for any theft, damage, loss or misfortune that may occur. No smoking in and outside the spa and surrounding areas. No refunds for vouchers, treatments or products. Vouchers only redeemable by person they are addressed to. Please note voucher valid date.